

# LAQUA

VINEYARD

OUR TREATMENTS





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VINEYARD





## A HOME IN THE TUSCANY COUNTRYSIDE

Silence your thoughts and immerse yourself in the Wellness Area that Cinzia Primatesta and Antonino Cannavacciuolo have designed for your relaxation.

In the Laqua Vineyard resort, surrounded by olive trees and vineyards, this well-being home will be the starting point of a rejuvenating journey and self-discovery.

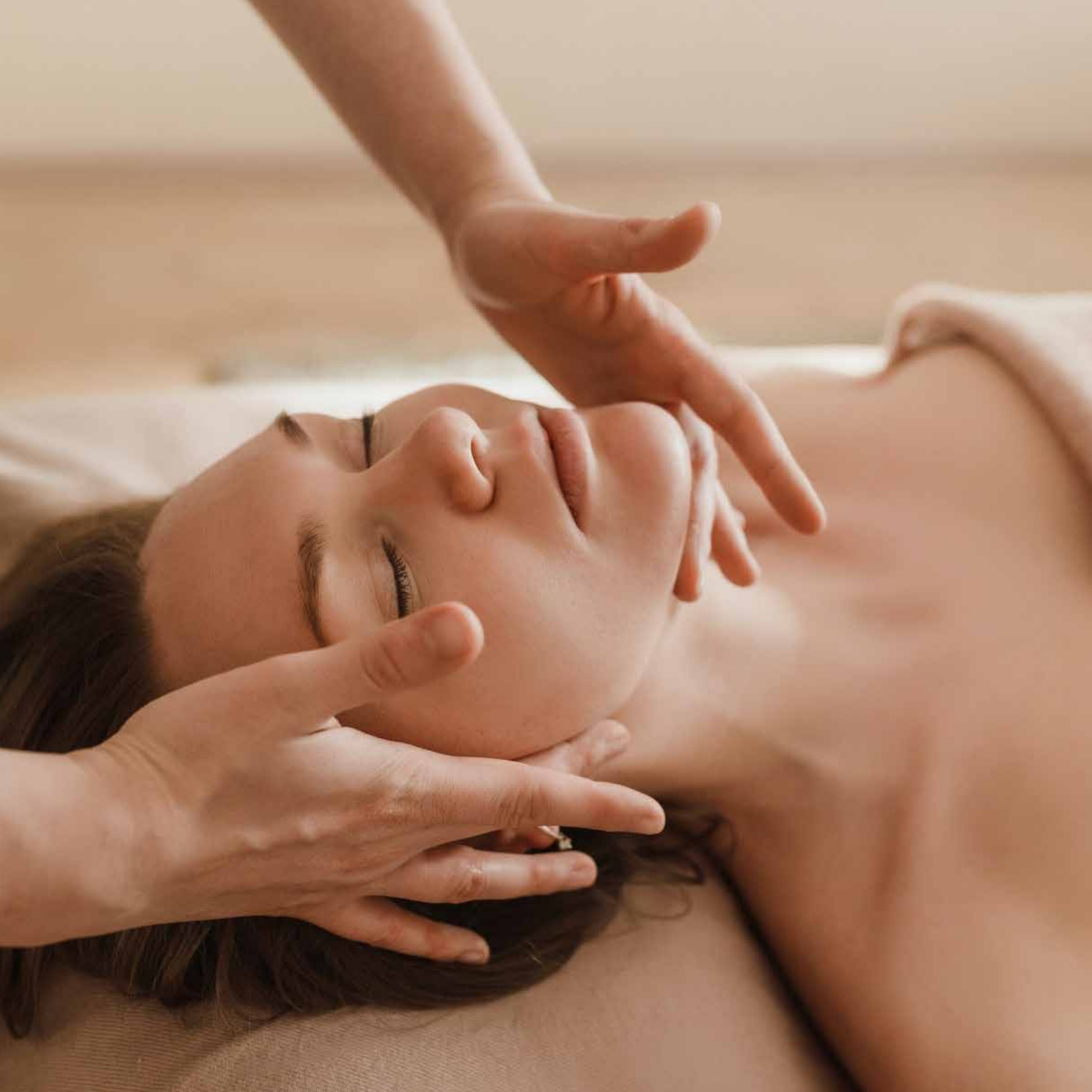
### START YOUR JOURNEY NOW

The philosophy of our Wellness Suite comes from the essential union of body and mind: it is enough to take care of one of the two for the other to benefit.

We have created treatments for the body that restore interior order, regenerate the spirit and give mental well-being.

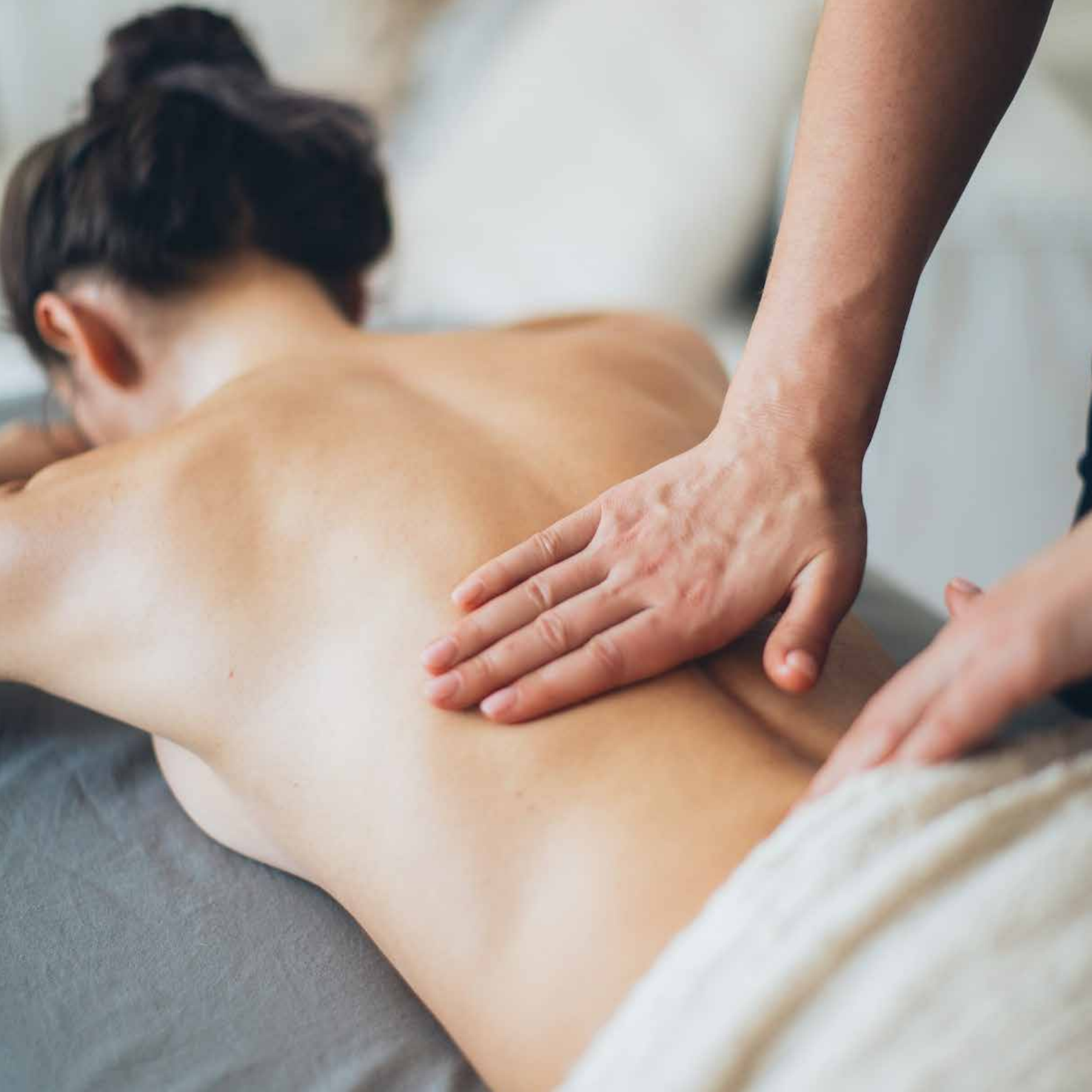
For your skin we have chosen only the best natural ingredients, and for your soul the welcome and warmth of a well-being home in the Tuscany countryside.





*“Relax, recollect, take all other  
thoughts away from you.  
Let the world around you  
fade into indistinct”*

- Italo Calvino





# BODY TREATMENTS

30 minutes **80,00**  
back/neck

## HOT STONE MASSAGE

Massage performed with basalt stones heated in water and warm oil. The stones are placed on the body's energy points to absorb negative energies and are used to massage the body and muscles, instilling a deep sense of relaxation and relaxation.

60 minutes **120,00**  
total body

60 minutes **90,00**  
total body

## CANDLE MASSAGE

The treatment combines the benefits of massage and skin care. Using a candle made of vegetable oils and butters, the massage will have a relaxing effect on the entire body while leaving the skin silky and delicately perfumed.

60 minutes **120,00**  
total body

## HAWAIIAN MASSAGE LOMI LOMI NUI

Not just a massage but a true sacred ritual performed in ancient times by shamans at important transitions in a person's life. A technique characterised by rhythmic manoeuvres performed with the forearms that simulate the continuous movement of ocean waves to the sound of soft hawaiian music. The coconut oil used in the treatment will make the skin soft and stimulate the sense of smell in a sensory journey to these faraway lands.

30 minutes **80,00**  
per choosen zone

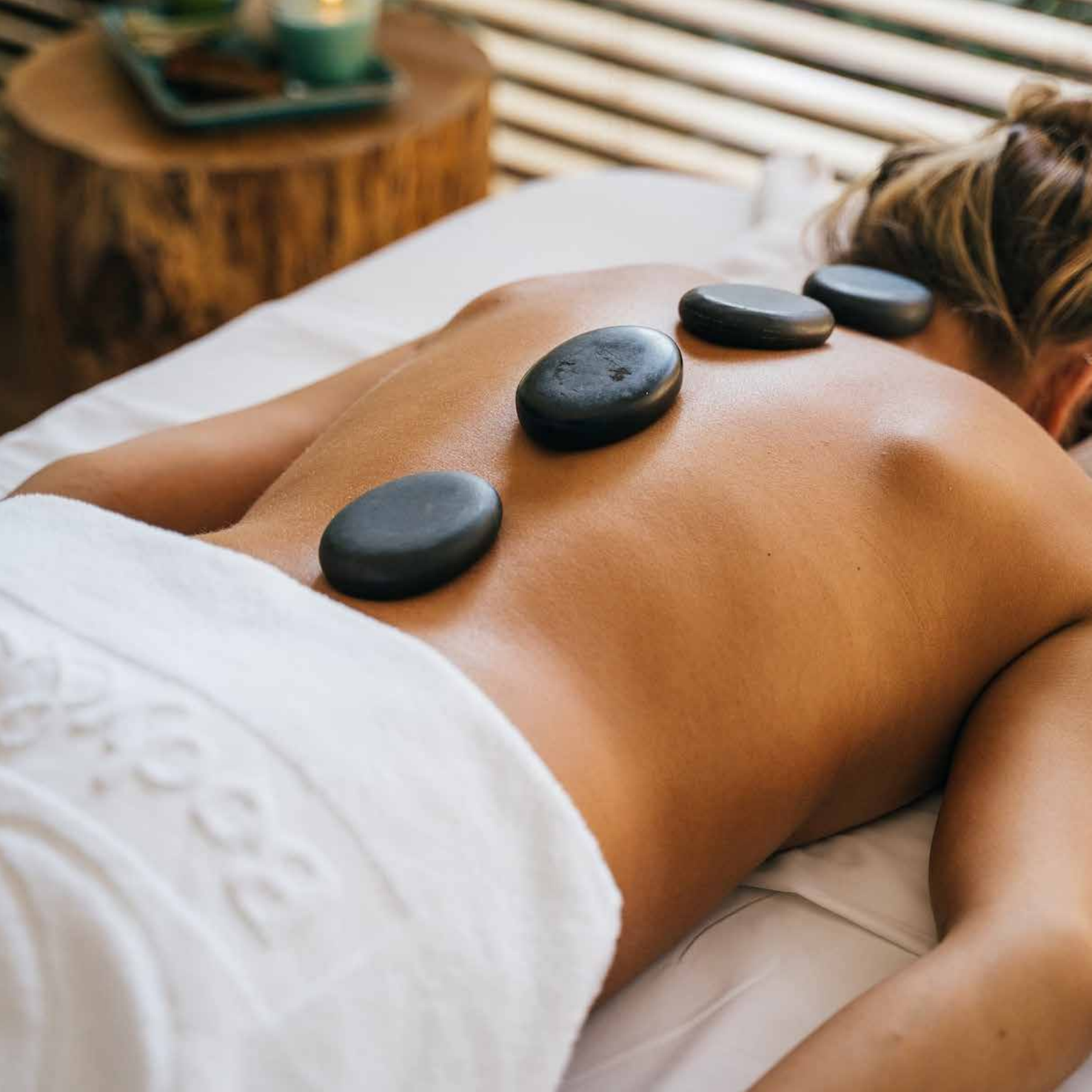
## PERSONALIZED MASSAGE

Everyone has different sensations and needs. This massage adapts to such personal specific requirements thanks to the application of different techniques as required case by case.

75 minuti **150,00**  
total body

## VINEYARD BODY TREATMENT

Two-stages body treatment. An initial brushing of the body to gently exfoliate the skin and reactivate the microcirculation, followed by a massage with grape-seed oil produced in Tuscan vineyards in combination with other local essential oils. This oil, containing vitamin E, has a strong antioxidant action and protects the skin from early ageing, atmospheric agents and free radicals. It also has astringent, firming and stimulating effects on the microcirculation.



60 minuti **100,00**  
total body

### BODY SCRUB

Exfoliating body treatment with a mechanical full-body scrub, massaged in with relaxing movements. After rinsing, a moisturising cream is applied for a silky effect on the skin.

60 minutes **100,00**

### AFTER SPORT MASSAGE

Treatment with warm oil or arnica and devil's claw products, recommended for sports enthusiasts. It promotes the elimination of accumulated toxins, prevents muscle soreness and oxygenates the tissues.

30 minutes **80,00**

### THE ANCIENT WAY OF YOUTH KOBIDO

Kobido facial massage of Japanese origin, formerly used by empresses to keep their skin young. A true daily ritual that was believed to bestow eternal youth. It is performed using quick manoeuvres that reactivate the blood microcirculation in combination with grape seed oil, which acts against skin ageing. The skin will be soft, smooth, toned and relaxed.

90 minutes **200,00**

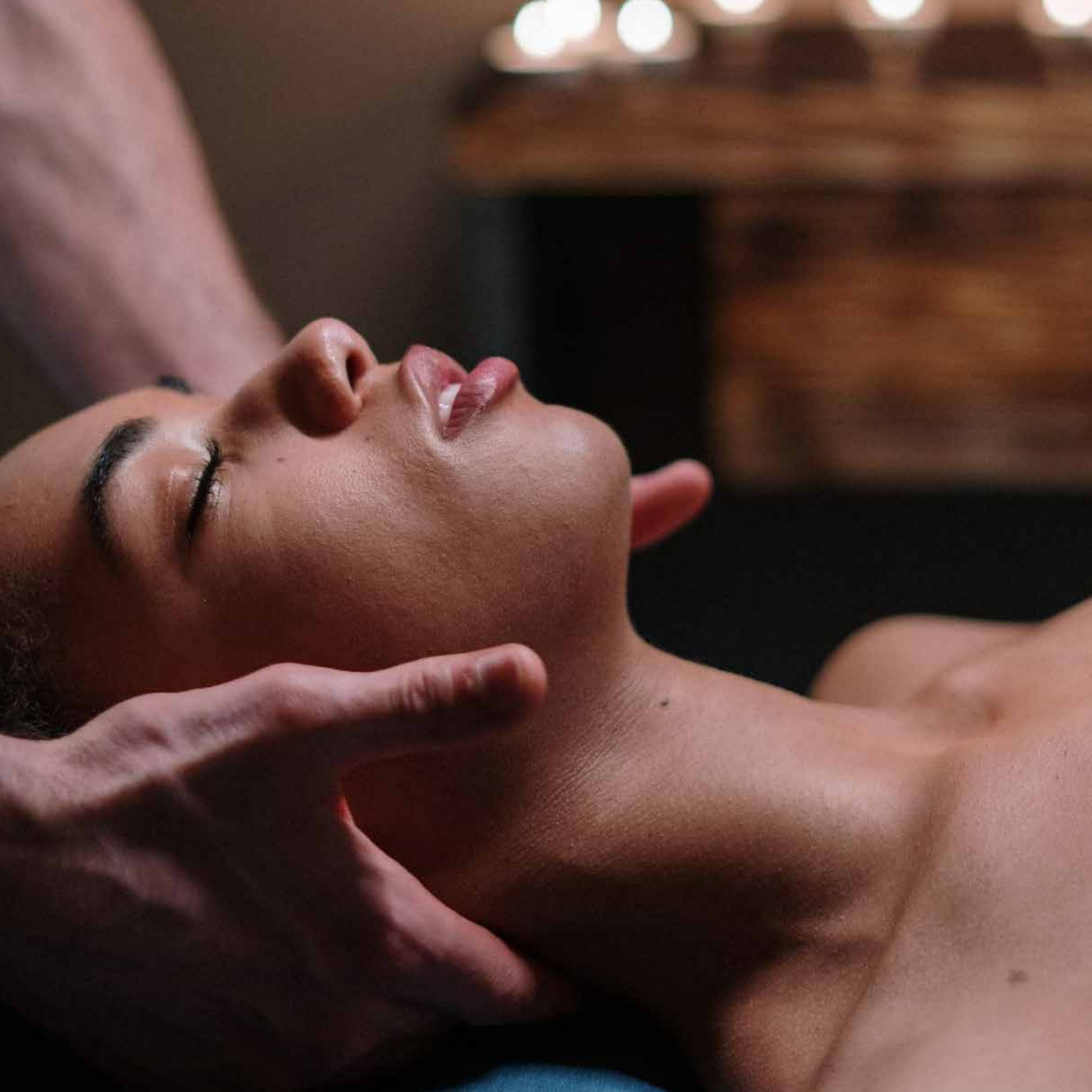
### STEAM BATH TREATMENT

The treatment begins with a session of max. 20 minutes in the steam bath to eliminate toxins and open the pores. This is followed by an emotional shower with cold water to restore the balance of the body and blood circulation. Finally, after an aromatic herbal tea to replenish fluids, a relaxing massage is performed to restore psychophysical well-being.

60 minutes **110,00**

### DEEP RELAX

A relaxing massage in which slow and deep manoeuvres are used, designed to reconnect with one's own vital energies and deep relaxation. It starts in a prone position, when the client turns to a supine position, an alginate mask is first applied to the face and eyes and the massage continues.



## FACIAL TREATMENTS

60 minutes **110,00**

### LIFTING EFFECT TREATMENT

Skin type-specific facial treatments. The treatment includes a deep cleansing with peeling and the application of a rich serum, applied through a relaxing massage. The treatment ends with an active alginate lifting mask and a moisturising cream for smooth and toned skin.

60 minutes **110,00**

### MAN FACIAL TREATMENT

Designed just for him, it includes a deep cleansing with mechanical peeling and the application of a cream mask and tonic, which helps revitalise the skin. An enveloping massage on the face and neck guarantees deep relaxation, relieving stress and relaxing the face.

30 minutes **80,00**

### RELAXING FACIAL MASSAGE

Relaxing massage from the shoulders to the scalp. Slow but deep manoeuvres are used to instill deep relaxation and essential oils to moisturise the skin and relax the mind.





## WELL-BEING FOR FEET AND HANDS

30 minutes **30,00**

### MANICURE

Cuticles cutting, nails filing and cream application.

60 minutes **50,00**

### SPA MANICURE

Bath with essential oils, scrub, nails filing, cuticles cutting and cream application with massage.

40 minutes **35,00**

### PEDICURE

Nails and cuticles cutting, feet exfoliating and cream application.

60 minutes **60,00**

### SPA PEDICURE

Bath with essential oils, scrub, nails and cuticles cutting, feet exfoliating and cream application with massage.



## OUR POLICY

### **Booking Time**

Please arrive at least ten minutes before your treatment.

All treatments start and finish at the established time so we may respect the time of each of our guests.

### **Reservations**

In order to guarantee availability, we suggest you book your treatment in advance.

### **Cancellation**

Cancellations made with less than a 12-hour prior notice or failure to show, unfortunately, shall be charged the full amount.

### **Children**

At Laqua Vineyard, we would like to offer our guests a full spa experience in complete comfort and safety. It is for this very reason the wellness area is not recommended for children under 16. All guests over 16, accompanied by a parent or legal guardian, are welcome to use our services.

### **Timetables**

11.00 – 19.00

### **Contacts**

[vineyard@laquaresorts.it](mailto:vineyard@laquaresorts.it)





[laquaresorts.it/vineyard/](http://laquaresorts.it/vineyard/)